

## 會議手冊

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### 蘇依屏 I-Ping Su

出生地：雲林

成長地：台中

現職：自由舞者與舞蹈教師

#### 經歷：

- 前雲門舞集資深舞者
- 現任教於：
  - 國立臺北藝術大學/藝術社會實踐暨推廣教育中心
  - 雲門舞蹈教室
  - 歌舞浪潮
  - The Median
  - 池上米倉生活館

#### 背景：

蘇依屏自 6 歲開始習舞，從小熱愛舞蹈，一路就讀舞蹈專班。她於 2000 年畢業於國立臺北藝術大學舞蹈系，2001 年加入由羅曼菲老師領軍的雲門 2，並於 2002 至 2020 年間成為雲門舞集的成員。她擁有 19 年的職業舞者生涯，演出過林懷民老師的多部經典舞作，包括《薪傳》、《九歌》、《流浪者之歌》、《水月》及《行草三部曲》等。蘇依屏擁有豐富的東西方身體訓練背景，擅長融合東西方元素，舞出獨特的肢體風格。

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### 郭乃妤 Naiyu Kuo

出生地：台灣台北

現職：舞蹈教育工作者/自由表演者

#### 經歷：

- 前美國瑪莎葛萊姆舞團舞者
- 前台灣雲門舞集舞者
- 現任教於：
  - 國立台灣藝術大學

- 國立臺北藝術大學舞蹈系

#### 背景：

郭乃好在高中期間即備受東方瑪莎葛萊姆傳人游好彥老師的矚目和提拔。華岡藝校畢業後，她前往紐約進入瑪莎·葛萊姆舞蹈學校習舞，隔年考上瑪莎葛萊姆舞團，成為該團最年輕的成員之一，參與演出作品包括《阿帕拉契之春》、《編年史》、《夜旅》和《天使的嬉樂》。2006年，她加入雲門舞集，演出過《白x3》、《美麗島》、《狂草》、《迷失之影》、《流浪者之歌》和《九歌》等作品。郭乃好在教學與創作上融合瑪莎葛萊姆技巧與自身的表演研究，發展出獨特的動態風格，目前經常參與各大藝術節、美術館及跨界表演團隊的合作演出，並受邀參與影視和品牌形象表演。

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#### 表演曲目《潮》Tide

《潮》是一齣融合東西方現代舞元素的雙人舞小品。舞蹈以浪潮聲帶領觀眾進入一個靜謐而深邃的境地。這段舞蹈如同潮汐般，擁有無窮無盡的韻律與力量。緩慢而圓融的動作象徵海洋的永恆流動，雙人舞的能量交織如同波浪的變幻莫測。

舞者時而輕盈，時而沉重，每一步都帶著自然的律動與內心的寧靜，通過肢體語言描繪潮汐的生生不息，表達出自然與心靈的共鳴。《潮》不僅是一段舞蹈，也是一場心靈的旅程。在靜謐的潮汐中，觀眾將一同尋找內心的平和與力量。

## -Ping Su

- Birthplace: Yunlin
- Grew up in: Taichung
- Current occupation: Freelance dancer and dance teacher
- Experience:
  - Former senior dancer at Cloud Gate Dance Theatre
  - Currently teaches at:
    - National Taipei University of the Arts / Arts Society and Outreach Education Center
    - Cloud Gate Dance Studio
    - Ge Wu Dance Wave
    - The Median
    - Chi Shang Rice Warehouse
- Background: I-Ping Su started dancing at the age of 6 and has had a passion for dance since childhood, studying in specialized dance programs. She graduated from the Dance Department of National Taipei University of the Arts in 2000 and joined Cloud Gate 2 under the leadership of teacher Luo Man-fei in 2001, becoming a member of Cloud Gate Dance Theatre from 2002 to 2020. With a 19-year career as a professional dancer, she has performed in several classic works by Lin Hwai-min, including "Legacy," "Songs of the Wanderers," "Moon Water," and "Cursive Trilogy." I-Ping Su has a diverse background in Eastern and Western physical training and excels in integrating elements from both traditions, showcasing a unique bodily style.

## Naiyu Kuo

- Birthplace: Taipei, Taiwan
- Current occupation: Dance education worker / Freelance performer
- Experience:
  - Former dancer with the American Martha Graham Dance Company
  - Former dancer with Cloud Gate Dance Theatre, Taiwan
  - Currently teaches at:
    - National Taiwan University of Arts
    - Dance Department of National Taipei University of the Arts
- Background: During high school, Naiyu Kuo caught the attention and was promoted by Eastern Martha Graham disciple Yu Hao-yan. After graduating from Huagang Arts School, she pursued dance training at the Martha Graham School of Contemporary Dance in New York and joined the Martha Graham Dance

Company the following year, becoming one of the youngest members. She participated in performances such as "Appalachian Spring," "Chronicle," "Night Journey," and "Diversion of Angels." In 2006, she joined Cloud Gate Dance Theatre and performed in works including "White x 3," "Formosa," "Wild Cursive," "The Lost Shadows," "Songs of the Wanderers," and "Songs of the Wanderers." Naiyu Kuo integrates Martha Graham techniques with her own performance research in teaching and creation, developing a unique dynamic style. She frequently participates in major arts festivals, art galleries, and collaborates with interdisciplinary performance teams, as well as being invited to participate in film, television, and brand image performances.

Performance piece "Tide" "Tide" is a duet dance piece that blends elements of Eastern and Western modern dance. Guided by the sound of waves, the dance leads the audience into a serene and profound state. Like the tide, this dance flows with endless rhythm and power. The slow and seamless movements symbolize the eternal flow of the ocean, while the interwoven energy of the duet mirrors the unpredictable changes of waves. The dancers alternate between lightness and heaviness, each step carrying natural rhythm and inner peace, depicting the perpetual motion of tides through body language and expressing resonance between nature and the soul. "Tide" is not just a dance piece but also a journey of the soul. In the tranquil tide, the audience will seek inner peace and strength together.